

# MultiCare Capital Center for Breast Health

## The need

Cancer is the leading cause of death among women in Thurston County. Breast cancer is the most common diagnosis, affecting one of every eight women, locally and nationally.

Fortunately, early detection can catch the disease in the localized stage before it spreads. When this occurs, the five-year relative survival rate is 99 percent, according to the American Cancer Society.

Given the stakes, it's essential that Thurston County women have access to comprehensive, lifesaving breast health services close to home. However, the need for this critical care is outpacing our community's capacity.

On average, patients are waiting three months for an initial mammogram. Breast ultrasounds require nearly a three-week wait, and appointments requiring multiple types of exams extend out even further. While all diagnostic imaging is provided under two weeks — the standard of care — it often comes at the expense of routine screening.

Women needing specialized services, like a stereotactic breast biopsy, must frequently travel outside our county. Without available nurse navigators, patients are left maneuvering through a complex health system all on their own.

Together, we can do more for women in our community.



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## The solution

MultiCare Capital Medical Center is leading the charge to improve access to women's health care in our region. With your help, we can provide patients with the screenings and diagnostic care they need by creating MultiCare Capital Center for Breast Health.

The center will:

- Invest in an additional 3D mammography machine and a stereotactic biopsy system to dramatically reduce wait times and ensure specialized breast health services are available locally.

- Centralize all imaging into a single location, adjacent to MultiCare Women's Integrated Primary Care, so women can reliably access necessary care.
- Implement a breast health navigator program to provide patients with a personalized, integrated experience.

Once launched, we project this increased capacity will reduce screening wait times and allow for prompt diagnostic follow-ups — all while streamlining scheduling.

What's more, when women in our region face the fear or diagnosis of breast cancer, they'll have a medical home to turn to for timely care on their oncology journey.



## Our philanthropic goal

An ambitious vision for women's health needs our community's support.

So far, donors have contributed \$1.2 million to the future Capital Center for Breast Health. Over the next year, MultiCare Capital Foundation hopes to secure the remaining **\$400,000** needed to turn this dream into a reality. Once complete, it will become the first comprehensive breast health center in the region.

With your help, we can make a life-changing difference for women today. Thank you for your consideration and the important part you play in building a healthier community for all.

Donate today



### Contact

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**MultiCare** 

Capital Foundation